23rd ANNUAL PREPAREDNESS PRACTICUM PLUS



February 26, 2025
Heritage Center of Brooklyn Center
Brooklyn Center, MN

Sponsored by: Metro Health & Medical Preparedness Coalition



COURSE GOAL

Enhance and improve the preparedness of Minnesota hospitals and healthcare facilities by providing education from lessons learned to providers and other members of the preparedness team. The educational experience will include review of didactic information relevant to the planning and care practices of all involved in preparedness planning.

OVERALL LEARNING OBJECTIVES

Following this activity, participants should be able to:

- Apply lessons learned in communication and multiagency coordination during recent disasters and incidents.
- Identify critical aspects of staff and patient protection during disaster/special incident response.
- Integrate best practices and lessons learned from recent incidents and exercises into facility response planning.

CONTINUING EDUCATION CREDIT

Those who participate in this activity may submit their certificate of attendance to their appropriate accrediting organizations or state boards for consideration of credit. Participants are responsible for determining whether this activity meets the requirements for acceptable continuing education.

DISCLAIMER

Funding for this conference was made possible (in part) by the Administration for Strategic Preparedness and Response (ASPR). The views expressed in written materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services, nor does the mention of trade names, commercial practices, or organization imply endorsement by the U.S. Government.

SCHEDULE

23rd Annual Preparedness Practicum PLUS!

February 26, 2025

8:00 am - 4:30 pm Central Standard Time

PLENARY SESSION

8:00 - 8:10	Welcome - John Hick, MD			
8:15 – 9:15	Why Social Capital and Social Infrastructure are Critical fo			
	Resilience - Daniel Aldrich			
9:15 – 9:30	HPP Update - Chris Chell			
9:30 - 10:00	Vendor Break			

BREAKOUT SESSION (PICK ONE)

Hurricane Beryl: When a Category I catches you off guard - Frin Frh

Discovering the Impact of Disasters through the Lens of Spirituality -

Preparedness Practicum - Carriage Hall A

10.00	ridification belyi. When a Category reatones you on guard - Emileio
11:00	Let's Make It Awkward: Incorporating Disability, Access, and
	Functional Needs into Response Plans – Robert Goff & Sydney Clark

12:00-12:45 Lunch

10.00

12:45

12:45	Severe Space Weather and Emergency Preparedness – Tanya Melnik
1:15	Discussion of Line of Duty Deaths and Operational Impacts on
	Hospitals – Jenn Dreyer, Tyler Lupkes & Matthew Petrone

2:15 Adjourn and return to large group

Disaster Behavioral Health - Carriage Hall B

10:00	The PACE Model of Animal-Assisted Therapy: What to know before you bring animals to recovery settings - Tanya Bailey
11:00	From Minneapolis to Maui: Supporting Resilience and Recovery -
	Toni Hauser, Mageen Caines & Bianca Virnig
12:00-12:45	Lunch

Mariann Johnson & David Hottinger
2:15 Adjourn and return to large group

Long Term Care Symposium – Captain's Room

10:00	Lessons Learned from Real World Events – Tanya Weld			
	Laurie Thompson & Chase Bennett			

11:00 Citation Trends in Appendix Z and How to Avoid them – Kari Everson

12:00-12:45 Lunch

12:45 Hurricane Evacuation TWICE in One Week - Jeff Weatherhead

2:15 Adjourn and return to large group

BJ Jungmann

PLENARY SESSION

2:15 – 2:45	Vendor Break		
2:45 – 3:30 Time Well Spent: Communications planning and preparation			
	crisis comes - Carolyn Marinan & Maria Baca		
3:30 - 4:30	Managing the Impact of Line of Duty Death - Jonathan Bundt &		

Plenary Presentations

Why Social Capital and Social Infrastructure are Critical for Resilience

Much of our policy process focuses on the role of physical infrastructure, that is, structures like seawalls that hope to mitigate the impact of shocks and disasters such as floods. But a growing body of evidence suggests that social infrastructure - the places and spaces that build and maintain connections, such as libraries, parks, and pubs - hold greater potential to blunt the impact of such events. Using qualitative and quantitative evidence from cases around the world, Aldrich pushes us to appreciate how the modest and often underappreciated field of social infrastructure should be front and center as we confront wicked problems.

Daniel P. Aldrich, Co-Director, Global Resilience Institute, Director, MS Resilience Program, and Professor, Political Science and Public Policy

An award-winning author, Aldrich has published five books including Building Resilience and Black Wave, more than 100 peer-reviewed articles, and written op-eds for the New York Times, CNN, HuffPost, and many other media outlets. He has spent more than 5 years in India, Japan, and Africa carrying out fieldwork and his work has been funded by the Fulbright Foundation, the National Science Foundation, the Abe Foundation, the Rasmussen Foundation, and the Japan Foundation, among other institutions. In 2021 he was Klein Lecturer at Northeastern University and won the 2024 Outstanding Teaching Award there. Aldrich directs the Resilience Studies Program and co-directs the Global Resilience Institute at Northeastern.

Time Well Spent: Communications planning and preparation before crisis comes

It's not a matter of if but when crisis hits. What you do ahead of time can make all the difference in your stress levels when the going gets tough. Crises may still be messy, challenging and not much fun, but some work ahead of time will serve you and your leaders/teams well. Learn about some of the strategies and tactics we use to keep the state's largest county ready for whatever.

Carolyn Marinan, Chief Public Relations Officer for Hennepin County.

In her role, she assists county government in communicating with the public it serves. She is a resource to county leadership and to the organization. Most of her work centers around media relations, public relations, and forging partnerships.

Prior to Hennepin County, Carolyn spent 20 years in television news and promotion working for WCCOTV, KSTPTV, and KARE 11. She's also done radio and produced and hosted a local travel show on Twin Cities Public Television. Carolyn graduated from the University of Minnesota with a B.A. in Speech-Communication. She remains involved by mentoring students, employees, and peers.

Carolyn has won numerous awards, including an Emmy, a New York Film Festival award and more. She is currently a board member of the Minnesota Association of Government Communicators and sits on the board of directors for the National Association of County Information Officers.

Maria Elena Baca, Communications Manager Hennepin County Human Services

Maria Elena Baca is communications manager for

Hennepin County Human Services, the largest department of Minnesota's largest county. She works with department leadership and county administration to identify priorities and shape communications to support them. Along with her team, Maria works to create and maintain internal relationships, advocate for communications best practices and work with media to share a context-rich and accurate picture of Hennepin County's work.

Before transitioning to Hennepin County in 2013, Maria was a journalist for 22 years, at the Pioneer Press and the Star Tribune, covering public safety, Faith and Values, families, schools, city government and general assignment.

Maria has won several awards from the Society of Professional Journalism, the Minnesota Association of Government Communicators, the National Association of Counties, the National Association of County Information Officers and more.

Maria enjoys supporting our Twin Cities music scene, spending time with friends and family, and traveling.

Managing the Impact of Line of Duty Death

The City of Burnsville on Feb 18, 2024, experienced one of the most devastating and tragic experiences a whole community can have with the violent murder of three of their first responders. This presentation will give you an in-depth look into what it means to honor and support all impacted. We will focus on the Burnsville Fire Department's experiences navigating the space of such a disaster and the human element of support.

Jonathan Bundt, founder and owner of Masa Consulting Inc. Jonathan has worked in mental health, public safety, healthcare, and emergency management for over 35 years, specializing in first responder care. disaster behavioral health, workplace violence prevention, crisis mitigation, incident response, and recovery. He regularly provides consultation and training services to the EMS, police, fire departments, private sector, hospitals, and MN state agencies. Jonathan has provided incident and post-incident consultations for more than 3,000 local, regional, and national crises, disaster, and violence events. Jonathan has been a licensed mental health professional since 1997 and is a certified emergency manager in MN. He currently provides embedded mental health and wellness services to the cities of Roseville, Burnsville, and White Bear Lake Fire Departments and with Life Link III. His areas of interest are public safety wellness, workplace violence prevention and response, and developing incident response teams. He developed a curriculum for several response and wellness programs for first responders and healthcare workers.

Chief BJ Jungmann, Fire Chief for the City of Burnsville Chief Jungmann has had the fortune to work in many different roles throughout his career, starting as a volunteer firefighter, EMT, dispatcher, paramedic, fire captain, training officer, assistant chief, and now fire chief. He is fortunate to be the fire chief of one of only a few career fire departments in Minnesota, and he has a great staff that is striving to increase their professionalism. Chief Jungmann has worked in both hospital-based EMS and local government fire-based EMS. He has a passion for learning; he holds a master's degree from Hamline University in Public Administration, has completed the Executive Fire Officer Program through the National Fire Academy, and is a Credentialed Chief Fire Officer through the Center for Public Safety Excellence. Chief Jungmann is a student of the profession who strived to learn and grow from each experience; he is engaged at the local and

state level with organizations to advance both the fire and EMS professions. Chief Jungmann currently serves as the President of the Great Lakes Division of the International Association of Fire Chiefs. He also works as a Senior Consultant at Fitch and Associates and has taught classes at several different institutions, including the National Fire Academy.

Breakout Session Speakers

Preparedness Practicum Track

Erin Erb, DHA, MHA, RHIA, CPHQ, CPPS is the Division Vice President of Quality and Patient Safety at HCA's Gulf Coast Division. Erin is responsible for the overall clinical quality, patient outcomes and safety initiatives, and emergency preparedness and disaster response activities. Before joining the Gulf Coast Division, Erin served in various quality leadership roles at health systems in Nebraska and Kansas. Erin has overseen the implementation of high-reliability organization principles, process improvement methodologies and has successfully overseen triennial accreditations and disease-specific care certifications. Additionally, Erin has helped to drive significant improvement in patient-facing metrics; and decreased mortality, complications, and hospital-acquired infections. As Incident Commander for disaster response, she has experienced hurricanes, mass casualty events, winter storm impacts, and the occasional rolling blackout. Erin holds a Bachelor of Science degree in Health Information Management, a master's degree in healthcare administration from the University Of Kansas School Of Medicine, and a doctorate in healthcare administration from Oklahoma State University. She is certified through the American Health Information Association as a Registered Health Information Administrator, a Certified Professional of Healthcare

Quality by the National Association of Healthcare Quality, a Certified Professional of Patient Safety, and a Lean Six Sigma Green Belt. On a personal note, she is married to Jeremy, has two amazing daughters, two fur girls and loves to read, travel, hike, eat, and play Mahjong!

Sydney Clark currently works as the Maternal Child Health Emergency Preparedness and Response Coordinator for the Tennessee Department of Health, Division of Family Health, and Wellness. She has been in this position since August 2023, and prior to that worked as the Disability and Preparedness Specialist at the Tennessee Department of Health, Emergency Preparedness Program. In these roles, she strives to increase inclusivity for different vulnerable populations in every step of the emergency preparedness cycle. Some of her projects include co-leading the statewide work group for vulnerable populations for the state hazard mitigation planning committee along with coleading the statewide functional and access needs support work group (FANS). She has also supported the development of maternal and child health specific emergency plans including a maternal child health annex in the state emergency operations plan, an emergency infant shelter feeding guide, and a tabletop exercise tool kit to assist emergency management in including populations with functional and access needs in exercises. Sydney's educational background includes receiving her Bachelor of Public Health from the University of Kentucky in 2017 and her Master of Public Health with a concentration in emergency management from Western Kentucky University in 2020.

Robert Goff, MPH, is Emergency Preparedness Director for the Southeast Region of the Tennessee Department of Health. He has held this position since 2004. He is responsible for public health emergency planning for ten counties on Southeast Tennessee. Mr. Goff increased

focus on planning for the inclusion of functional and access needs support (FANS) in 2018. This included planning meetings attended by individuals with access and functional needs. The primary focus was public information and communication to individuals for FANS during emergencies. Mr. Goff has coordinated the development of Braille documents and remote video access to sign language interpreters during Tennessee's annual FightFlu events. He also conducted a full-scale community reception center exercise that included individuals with access and functional needs moving through as evacuees. He coordinated the development of the State of Tennessee's Tips for Assisting People with Access and Functional Needs During Emergencies in 2023. At the 2024 Preparedness Summit he presented the session Let's Make It Awkward: Incorporating Disability, Access, and Functional Needs in Response Plans. He currently serves as co-chair of Tennessee's Public Health Emergency Preparedness FANS workgroup.

Dr. Tanya Melnik is an Associate Professor at the Department of Medicine, University of Minnesota. She completed her medical school and Internal Medicine residency training at the University of Minnesota. Her clinical interests include women's health, obstetric medicine, and post-COVID conditions. She is currently serving on the Minnesota Department of Health Long COVID Guiding Council.

Dr. Melnik interest in space weather started with northern lights and evolved into a greater understanding of space weather effects on humans and society. She is currently serving as a volunteer Ambassador for the Aurorasaurus project and an administrator for a local aurora-chasing group. Dr. Melnik is currently enrolled in the space weather program at Millersville University.

Matthew Petrone started his career in Law Enforcement in 2006 as a Community Service Officer for the MSP Airport Police Department and completed a degree in Criminal Justice from Inver Hills Community College in 2009. He started working for the Hennepin County Sheriff's Office in 2013 as a Deputy Sheriff in the Adult Detention Division (ADD). During his time at HCSO he has been involved in the Youth Explorer Program as an Advisor, the Sheriff's Honor Guard and as a Diver with the Underwater Recovery Team. During his career he was assigned to the Enforcement Services Division - Patrol Unit 2019-2022 and Water Patrol Unit 2022-2023. In March of 2023 he was promoted to the rank of Sergeant and assigned back to the ADD in charge of the Special Inmate Management Team. In August 2024 Matt was assigned to this current position as the Hospital - Sheriff's Enforcement Unit (HSEU) Supervisor overseeing the Deputies at Hennepin Health. In 2021 he began to serve with the MN Law Enforcement Memorial Association (LEMA) Honor Guard providing funeral honors for Officers killed in the line of duty. During his time with LEMA he served on the Colors Team 2021–2024 and is currently the flag presenter on the Casket Team.

Tyler Lupkes is Battalion Chief of Special Operations at Hennepin EMS in Minneapolis, Minnesota. With a career in emergency medical services (EMS) that began in 2005, Chief Lupkes has built a reputation for his expertise, leadership, and commitment to public safety. In his current role, Chief Lupkes is responsible for overseeing the coordination and execution of specialized emergency response operations. He leads a team of dedicated professionals, ensuring top-tier patient care and effective management of resources in high-pressure situations. His leadership and strategic oversight are critical to the success of Hennepin EMS special operations. Time served as a 911 dispatcher, fire fighter, and reserve law enforcement officer gives unique

insight to multi-disciplinary priorities. In addition to his role at Hennepin EMS, Chief Lupkes serves as the elected Chair of the Minnesota Metro Region EMS System Emergency Preparedness Committee. In this capacity, he plays a pivotal role in shaping regional emergency preparedness strategies, fostering collaboration among various EMS agencies, and enhancing the overall readiness of the system. He is also a certified Emergency Manager, which underscores his proficiency in emergency preparedness and response.

Jenn Dreyer is Registered Nurse with 16 years of Emergency Department nursing. She has been a dedicated team member at Hennepin County's Emergency Department since 2011. She holds a master's degree in clinical Toxicology and has a strong background in emergency preparedness and disaster management. Jenn also holds a certificate in Emergency Management and has completed extensive disaster training. For the past two years, Jenn has served as a Clinical Care Supervisor, where she has led critical initiatives to enhance patient care and safety during high-pressure situations. As the Coordinator of the ED Disaster Team, she plays a key role in preparing her team for effective responses to emergency scenarios and has been directly involved in multiple mass casualty events. Jenn has been involved in disaster preparedness, response, and recovery, particularly in the context of healthcare settings during large-scale crises.

Disaster Behavioral Health Track

Tanya K. Bailey (she/her), PhD, LICSW, identifies as a straight, cisgender White woman. She is the Animal-Assisted Interactions (AAI) Program Coordinator, Pet Away Worry & Stress (PAWS) Program Director, and a member of the Medical Reserve Corps, University

of Minnesota. For over 25 years, she has provided experiential and therapeutic connections with nature and animals for mental health and learning, and believes this access is a means of social justice. In 2013, she created Boynton Health's PAWS program, a multi-species AAI program offered four days per week on campus and delivered by over 100 volunteer therapy animal teams. Interacting with students every day who share how important PAWS is for their mental health is one of the best experiences she's ever had.

Mageen Caines, it might be said that Mageen Caines' three decades of service at multiple levels of government inevitably led her to emergency preparedness and response, but perhaps the surprise was how her many interests support her growth and passion in this discipline, including archeology field school and excavation training; Minnesotan architecture and transportation history; fossil hunting and backyard lapidary laboratory; clown school and character performance; hyperlocal foraging and austerity cooking; teaching accessible, inclusive, and welcoming art classes at the community center; and dogs.

Toni Hauser is a veteran, an auntie, and the supervisor of the Minneapolis Health Department's emergency preparedness team. The book that she's currently reading and would recommend to everyone is 'A Paradise Built in Hell' by Rebecca Solnit. Her favorite things in life are cats, plants, humor, unicorns, and creating spaces where people are encouraged to be their true selves.

Bianca Virnig lives in Eagan with her husband, three young children and golden doodle. She was elected to the MN House in a special election in Dec 2023 and re-elected for her second term. She served as the regional COVID coordinator for metro area schools, managed a CDC

COVID workforce grant and was awarded the Public Health Achievement Award by Dakota County. She currently owns her own consulting firm and subs at the local elementary and middle school. She served on the ISD 196 Rosemount-Apple Valley-Eagan school board and is a 22–23 Humphrey Policy Fellow. In her free time, she enjoys rock hunting, fishing, and spending time up north

David Hottinger is the system-level Director of Spiritual Care for Allina Health System based in Minneapolis. Before coming to Allina, David served as the Director of Spiritual Care for Presbyterian Healthcare Services in Albuquerque and Hennepin Healthcare (a Level One Trauma Center and Minneapolis' safety net hospital). A native of Marion, Ohio, David holds degrees from Oberlin College and Harvard Divinity School and was a Wallenberg Fellow in Humanitarian Leadership at the Hebrew University of Jerusalem. He served with the Lutheran World Federation/Department of World Service which runs refugee operations in East Jerusalem and the West Bank.

Mariann Johnson is a wellbeing and mindfulness instructor for the University of Minnesota's Earl E. Bakken Center for Spirituality & Healing. She has studied and practiced mindfulness meditation for over 25 years and is a certified Mindfulness-Based Stress Reduction instructor through Brown University's Mindfulness Center. Before dedicating her professional life to teaching mindfulness, Mariann served as an organization development consultant and mediator, working with leaders of Fortune 500 companies, government agencies and nonprofit organizations. Her writings on mindful leadership have appeared in the Huffington Post and Mindful Magazine.

Long Term Care Symposium Track

Tanya Welch, LNHA/LALD is a licensed nursing home administrator and assisted living director with the Benedictine Living Communities (BLC). Currently Tanya is the administrator at BLC-Anoka. She has been employed at Benedictine Living Communities since April 2023. Before that Tanya was with Midwest Residential, as a Regional LALD over 10 of their communities, Hiawatha Suites Assisted Living/Memory Care, as LALD, The Estates of Twin Rivers as LNHA, and Walker Methodist, as Sr. Accounts Receivable Specialist. Benedictine has over 30 Communities serving; Illinois, Minnesota, Missouri, North Dakota, and Wisconsin. Benedictine is a non-profit, Catholic faith-based organization entrusted with advancing the life-enhancing senior care ministry of the Benedictine Sisters of Duluth, Minnesota. We offer SNFS, AL's, IL, Memory Care, TCUs and Care Suites

Laurie Thompson brings over nine years of expertise in emergency preparedness programming, development. and education, with a specialized focus on assisted living and skilled nursing. Recently promoted to Emergency Preparedness and Safety Director at Vivie, Laurie now expands her impact to include home and community-based services and will spearhead the development of safety initiatives rooted in data analysis across all service lines. Laurie has been instrumental in leading technology implementations for Vivie's mass communications, and safety and security systems. Her work strengthens prevention, mitigation, response, and recovery efforts, enhancing safety for residents, staff and visitors. Laurie is an active member of MEMA, AHEPP and multiple emergency healthcare coalitions, with a strong presence in the Metro Health & Medical Preparedness Coalition. She continuously

enhances her expertise by earning various certifications through continuing education. Vivie—born from the merger of Walker Methodist and Knute Nelson—combines the strengths of two highly respected organizations to serve long-term care needs across Minnesota, Wisconsin, and North Dakota. Laurie's leadership in emergency preparedness and safety is vital to advancing Vivie's mission of innovation and compassionate care.

Chase Bennett is the Regional Director of Environmental Services, Vivie. Chase has been a leader in the senior housing industry for over 20 years, bringing extensive experience and a proven track record of success. In his current role, he oversees 15 facilities spanning skilled nursing, assisted living, and HUD and Affordable Housing service lines. Chase's deep knowledge and expertise in Life Safety make him an invaluable resource for consulting and supporting emergency preparedness efforts. He serves on the corporate Incident Management Team at Vivie as the Safety Officer. He prioritizes building strong relationships with external partners, including regional fire marshals and state licensing agencies. These partnerships enable him to provide exceptional guidance and education to his teams. Under Chase's leadership, Vivie will be implementing innovative technology solutions for maintenance teams in 2025. These advancements will streamline service request scheduling, preventative maintenance planning, and inspection compliance, ensuring operational efficiency and regulatory adherence.

Kari Everson is a registered nurse, licensed nursing home administrator and licensed assisted living director with over 25 years' experience in long-term care including nursing homes, assisted living, and home care. She has worked in various roles including bedside care, nursing

supervisor, director of nursing, and organizational leadership. Kari is the Vice President of Clinical Services for LeadingAge Minnesota, Owner of EverCare Consulting, and faculty for the University of Minnesota Health Services Management program. She holds a doctorate in nursing practice and a masters in both nursing and healthcare administration. Kari is a frequent speaker on clinical, operations, and regulatory topics and focuses on supporting nurses and long-term care providers in their work to care for older adults.

Jeff Weatherhead has been the President and Chief. Executive Officer since June 2022. Jeff joined Plymouth Harbor after serving as the Chief Operating Officer of Aldersgate Life Plan Services in Charlotte, NC for 8 years. Mr. Weatherhead has nearly 30 years of experience in the senior living industry working in Ohio, North Carolina, and Florida. His career in senior living has been exclusively with not-for-profit and faith-based organizations. Mr. Weatherhead attained a Bachelor of Arts in Interpersonal and Public Communications from Bowling Green State University and a Master of Health Services Administration from Xavier University. Mr. Weatherhead is a 2016 alumnus of the Leading Age Larry Minnix Leadership Academy, and is currently a coach in the Leadership Academy, a 2018 graduate of the LeadingAge Leadership Educator Program, and was a member of the Annual Conference Education Committee (2018–2020), Jeff has also served on the Public Policy Committee with LeadingAge North Carolina. Germain to the topic of disaster readiness and experience, Plymouth Harbor evacuated 2 times in the 18 years prior to Jeff's appointment as CEO. In the three hurricane seasons since his arrival, Plymouth Harbor has evacuated four times.

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REGISTRATION

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General Registration \$90.00 through 2/20/25

Walk in Registration \$100.00 2/21/25 - 2/26/25

Cancellation fee of \$15. Sorry no refunds will be made after 2/20/225

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